

## Prayer for a worthwhile life

Lord, we're only here for a limited time,  
A few hours or years – You know!  
We'll only be requiring temporary accommodation,  
Some warmth, food and a little love.

We could waste everything in greed or sorrow,  
Stealing and complaining as the sun sinks,  
Jaded by people and institutions.  
It's not difficult to lose heart.

Help us rather fill our days with thanksgiving,  
Our fleeting seconds with acts of kindness to friend and stranger.  
Lead and strengthen us to maximise each place and moment,  
And gladly give of our time and resources,  
Keeping our hearts open to the possibility  
Of love, and life in all its fullness.

Only grant that our short adventures in faith  
Might plant some small seeds of greatness  
For an abundant harvest of righteousness  
And eternal good.  
Sow gloom-defying, Kingdom-bursting potential in us, here, now  
Sprouting forth from this apparently ordinary little day.  
For your name's sake.

Amen